

ANNEX A; TECHNICAL DATA, REQUIREMENTS

Rules in following order 1) these requirements; 2) STLL rules changes 19.6.2018; 3) STLL rules changes 13.6.2016; 4) Finnish STLL rulebook 23; 5) relevant ISU communications

ISU rule 501 regarding appropriate dress code applies for all categories, ISU and Finnish Star evaluation.

SENIOR A men; Short and free skating program

According to ISU regulations and communications

SENIOR A ladies; Short and free skating program

According to ISU regulations and communications.

JUNIOR A men; Short and free skating program

According to ISU regulations and communications

JUNIOR A ladies; Short and free skating program

According to ISU regulations and communications

DEBS A, girls and boys

Free skating program: 3.0 min \pm 10 sec

ISU evaluation; Vocal music is allowed.

Deduction for falling is 0,5 points/fall

Free skating program (max 9 elements):

- a) Maximum of 6 jump elements. One must be an Axel type jump. At least one jump combination and a maximum of 2 jump combinations or jump sequences.
- Only one jump combination may contain 3 jumps, the other combination max. 2 jumps.
 - Only 2 jumps with 3 or more revolutions may be repeated either in a jump combination or a jump sequence.
- each single and double jump, incl. 1A and 2A, may not be executed more than twice (jumps do not need to be executed in a jump combination or jump sequence)
- b) Maximum of 2 different spins with different abbreviations.
- One spin combination minimum 8 revolutions
 - No flying entry
 - change of foot not mandatory
 - Spin choices are CoSp and CCoSp
 - Flying spin or spin with flying entrance in one position (camel, sit, upright)
 - minimum 5 revolutions in landing position
 - change of foot allowed
 - change of position not allowed
- c) Step sequence, fully utilizing the skating area.
- d) Minimum of 2 spirals, both on edge and one has duration of at least 3 sec.
- These may not be in the step sequence
 - Evaluated in transitions (ISU).
 - 0,5 points deduction per missing spiral.
 - If spiral is not attempted or leg does not rise above pelvis or spiral is not on edge or duration is less than 3 sec a 0,5 deduction is made for a faulty spiral

Bonus: Max 2 jumps named 2A and max 2 jumped triple jumps, give the skater a bonus. 2A=+1,0 points, triple jump=+2,0 points. The maximum bonus is +4.0 points (3Fe and 3Lze qualify for bonus)
The program component factor is 1,3

SENIOR B ladies and men; Short and free skating program

Short program: 2 min 40 sec ± 10 sec

Free skating: max. 3 min 30 ± 10 sec

Vocal music is allowed.

Element specifications in accordance with ISU Communications 2000 and 2014 or with any relevant ISU Communications published afterwards.

Deduction for fall -1,0

Short program (7 elements):

- a) Axel or double axel
- b) Double or triple jump
- c) Jump combination, consisting of two double jumps or a double and a triple jump.
 - Solo jumps may not be repeated
- d) Flying spin, minimum 6 revolutions in the landing position.
 - Landing position must be different than in the spin in point e).
- e) Ladies: Layback and/or sideways leaning spin or Camel or sit spin
 - minimum 8 revolutions in chosen position
 - change of foot not allowed
 - spinning position different from spin in point d)Men: Change foot Camel or sit spin with only one change of foot, minimum 5+5 revolutions (=camel-camel or sit-sit spin)
- f) Spin combination with only one change of foot, minimum 6 revolutions per foot
 - No flying entrance.
- a) Step sequence fully utilizing the ice surface

Program component factor is 0,8

In the second half of the program, the base value of last jump element will be multiplied by 1,1

Free skating program (11 elements):

- max 7 jump elements 1 Axel type of jump. max 3 jump combinations or jump sequences
 - max one combination with 3 jumps, two with max 2 jumps
 - only 2 jumps with 3 or more revolutions can be repeated either in a jump combination or in a jump sequence.
 - each single and double jump, incl. 1A and 2A, may be executed no more than twice (jumps do not need to be executed in a jump combination or jump sequence)
- max 3 spins with different abbreviations
 - One spin combination, minimum 10 revolutions, change of foot is not mandatory
 - Flying spin or spin with flying entrance in one position minimum 6 revolutions
 - One spin in one position, minimum 6 revolutions
- 1 Step sequence fully utilizing the ice surface.

Program component factor is 1,6.

In the second half of the program, the base value of the last three jump element will be multiplied by 1,1

JUNIOR B Ladies, Men; Short and free skating program

ISU evaluation; Vocal music is allowed.

Short Program: 2 min 40 sec \pm 10 sec

Free Skating: max 3 min 30 sec \pm 10 sec

Deduction for fall is -1,0 point/fall

Short program (7 elements):

- a) Axel or double Axel.
- b) Double or triple flip jump.
- c) One jump combination consisting of two double jumps or double or triple jumps or two triple jumps.
 - Solo jumps may not be repeated.
- d) Flying Camel spin, minimum 8 revolutions in the landing position.
 - Landing position must be different than the landing position in the spin in point
- e) Ladies: Layback and/or sideways leaning spin or Camel or sit spin
 - minimum 8 revolutions in the chosen position
 - Change of foot not allowed
 - spin position must be different than in point d)Men: Change foot sit spin with only one change of foot, minimum 6 revolutions each foot
- f) Spin combination with only one change of foot, minimum 6 revolutions each foot.
 - Spin may not start with a jump.
- g) Step sequence fully utilizing the skating area

Jumps which do not meet the requirements (wrong number of revolutions) will have no value.

Program component 0,8.

Base value for last jump element executed after the first half of the program will be multiplied with 1,1.

Free Skating program (11 elements):

- Maximum of 7 jump elements, one must be an Axel type of jump. At least one and max. 3 jump combinations or jump sequences.
 - max one combination may consist of 3 jumps. The other combinations may contain max. 2 jumps.
 - only 2 jumps with 3 or more revolutions can be repeated either in a jump combination or in a jump sequence.
 - each single and double jump, incl. 1A and 2A, may be executed no more than twice (jumps do not need to be executed in a jump combination or jump sequence)
- Maximum of 3 different spins, all with different abbreviations
 - One spin combination, minimum 10 revolutions, change of foot is not mandatory
 - Flying spin or spin with flying entrance in one position minimum 6 revolutions
 - One spin in one position, minimum 6 revolutions
- Step sequence fully utilizing the skating area.

Program component 1,6.

Base value for last three jump elements executed after the first half of the program will be multiplied with 1,1.

NOVICE B Girls, Boys

Free skating program: girls 3 min \pm 10 sec

ISU evaluation; Vocal music is allowed.

Deduction for falling is 0,5 points/fall

Free skating program (max 9 elements):

- Maximum of 6 jump elements, one must be an Axel type jump. Maximum of 2 jump combinations or jump sequences.
 - Only one jump combination may contain 3 jumps, the other combination may contain max. 2 jumps.
 - only 2 jumps with 3 or more revolutions can be repeated either in a jump combination or in a jump sequence.
 - each single and double jump, incl. 1A and 2A, may not be executed more than twice (jumps do not need to be executed in a jump combination or jump sequence)
- Maximum of 2 different spins, each with different abbreviations
 - One spin combination minimum 8 revolutions.
 - No flying entry
 - Change of foot is not mandatory
 - Spin choices are CoSp and CCoSp
 - One position spin
 - One foot spin min 5 revolutions, change of foot spin min 8 revolutions.
 - Flying entrance allowed
 - change of foot allowed
- Step sequence, fully utilizing the skating area.
- Minimum of 2 spirals, both on edge and one has duration of at least 3 sec.
 - These may not be in step sequence
 - Evaluated in transitions (ISU).
 - 0,5 points deduction per missing spiral.
 - If spiral is not attempted or leg does not rise above pelvis or spiral is not on edge or duration is less than 3 sec a 0,5 deduction is made for a faulty spiral

Program component is 1,3.

SPRINGS A Girls/Boys

Free skating: 2min 30sec \pm 10 sec

ISU evaluation; Vocal music is allowed.

Deduction for falling is 0,5 points/fall

Free skating program (max 8 elements):

- Max 5 jump elements. One must be an Axel type jump. Maximum of 2 jump combinations or jump sequences
 - 3 different double jumps are required and all may be attempted.
 - 1 combination with 3 jumps, one with max 2 jumps
 - Each double jump may be repeated once but-no single and double jump, incl. 1A and 2A, may be attempted more than twice (jumps do not need to be attempted in a jump combination or jump sequence)
- Maximum of 2 different spins
 - One spin combination with or without change of foot, minimum 8 revolutions.
 - No flying entry
 - Spin in one position
 - Spin on one foot min 5 revolutions, change foot spin min 8 revolutions.
 - Flying entrance allowed
 - Change foot allowed
- Maximum of 1 step sequence, fully utilizing the skating area.
- Minimum of 2 unsupported spirals, both on edge and one must last at least 3 sec.
 - these may not be in the step sequence
 - Evaluated in transitions (ISU).
 - 0,5 points deduction per missing spiral.
 - If spiral is not attempted or leg does not rise above pelvis or spiral is not on edge or duration is less than 3 sec a 0,5 deduction is made for a faulty spiral

The program components factor is 1,0

CUBS Girls/Boys

Free skating: max 2 min 30 sec

Finnish Star evaluation; Vocal music is allowed.

Free skating program

- 5 jumps, max 2 jump combinations /sequence
 - Max two double jumps (for example 2 x 2T or 1 x 2S and 1 x 2T)
- 3 spins which should have minimum 4 revolutions.
- 1 step sequence covering at least ½ of the ice.
- 2 unsupported spirals.

CHICKS Girls / Boys; born 2008 or later

Free skating: max 2 min

Finnish star evaluation; Vocal music is allowed

Free skating program

- single jumps
 - axel or double jumps not permitted
- max two spins, each at least 3 revolutions

SPRINGS B Girls and Boys

Free skating: 2 min 30 sec ±10 sec

Finnish Star evaluation; Vocal music is allowed.

Free skating program:

- Max 5 jump elements. One must be an Axel type jump. Maximum of 2 jump combinations or jump sequences
 - max 1 combination with 3 jumps, the other with max 2 jumps
 - Each double jump may be repeated once but-no single and double jump, incl. 1A and 2A, may be executed more than twice (jumps do not need to be executed in a jump combination or jump sequence)
- Maximum of 2 different spins
 - One spin combination (minimum 8 revolutions).
 - change of foot not mandatory
 - No flying entry.
 - Spin in one position
 - Spin on one foot min 5 revolutions, change foot spin 8 min revolutions.
 - Flying entry allowed
 - Change of foot allowed
- Maximum of 1 step sequence, fully utilizing the skating area.
- Minimum of 2 unsupported spirals, both on edge and one must last at least 3 sec.
 - These may not be in the step sequence
 - Evaluated in steps, spirals and transitions.
 - 0,5 points deduction per missing spiral.

DEBS B Girls/Boys
NOVICE C Girls/Boys
JUNIOR C Ladies/Men

Free Skating: max 3 min 10 sec

Finnish Star evaluation; Vocal music is allowed.

Free skating program:

- Maximum of 6 jump elements, one must be an Axel type jump. Maximum of 2 jump combinations or jump sequences
 - one combination with 3 jumps, others with max 2 jumps
 - No single and double jump, incl. 1A and 2A, may be attempted more than twice (jumps do not need to be in a jump combination or jump sequence).
- Maximum of 2 different spins, each with different abbreviations
 - One spin combination minimum 8 revolutions.
 - No flying entry
 - Change of foot is not mandatory
 - Spin choices are CoSp and CCoSp
 - One position spin
 - One foot spin min 5 revolutions, change of foot spin min 8 revolutions.
 - Flying entrance allowed
 - change of foot allowed
- Maximum of 1 step sequence fully utilizing the skating area.
- Minimum of 2 spirals, both on edge and one has duration of at least 3 sec.
 - Evaluated in transitions (ISU).
 - 0,5 points deduction per missing spiral.
 - If spiral is not attempted or leg does not rise above pelvis or spiral is not on edge or duration is less than 3 sec a 0,5 deduction is made for a faulty spiral

SPRINGS C Girls and Boys

Free skating: 2 min 30 sec ±10 sec

Finnish Star evaluation; Vocal music is allowed.

Free skating program:

- Max 5 jump elements. One must be an Axel type jump. Maximum of 2 jump combinations or jump sequences
 - max 1 combination with 3 jumps, the other with max 2 jumps
 - Each double jump may be repeated once but-no single and double jump, incl. 1A and 2A, may be executed more than twice (jumps do not need to be executed in a jump combination or jump sequence)
- Maximum of 2 different spins
 - One spin combination (minimum 8 revolutions).
 - change of foot not mandatory
 - No flying entry.
 - Spin in one position
 - Spin on one foot min 5 revolutions, change foot spin 8 min revolutions.
 - Flying entry allowed
 - Change of foot allowed
- Maximum of 1 step sequence, fully utilizing the skating area.
- Minimum of 2 unsupported spirals, both on edge and one must last at least 3 sec.
 - These may not be in the step sequence
 - Evaluated in steps, spirals and transitions.
 - 0,5 points deduction per missing spiral.

Starlets (Taitajat); Girls/Boys

Free Skating: max 2 min 30 sec

Finnish Star evaluation; Vocal music is allowed.

Free skating program:

- Maximum of 5 jump elements. No Axel type jump. No Double or triple jumps.
- Maximum three spins.
- Step sequence, which must utilize at least ½ the ice surface.
- 2 spirals

Adults

According to technical requirements by Adults International Figure Skating Competition 2018 at Obersdor:

<http://www.isu.org/docman-documents-links/isu-files/event-documents/adult-figure-skating/related-documents-1/15294-technical-rules-2018/file>